

Bank Holiday Closures

Meadowbridge Surgery will be closed on Monday 7th and Monday 28th May 2018

In the event of an emergency contact Dalriada on 028 25 663500

You can also visit your local pharmacy under the minor ailments scheme.

Please ensure you have ordered your medications early to cover this holiday period.

Flu Vaccination

Flu Vaccinations will continue to be offered until the end of May 2018

If you are pregnant, suffer from a special risk medical condition or are aged 65 or over, you should get the vaccine. Contact our health support workers to find out the arrangements for the flu vaccination at this surgery.

Welcome to the Team

We would like to welcome Gaby Thompson to the team who is covering Nicola Simpson on her maternity leave.

The energy of the mind
is the essence of life
- Aristotle

Pain Management

Find helpful information and tips on managing pain at:

www.meadowbridgesurgery.co.uk

- Further information tab
- Pain management section

Zero Tolerance

We strongly support the NHS policy on zero tolerance. Any patient (including family/friends or carers) attending or contacting the surgery who abuses the GPs, staff or other patients be it verbally, physically or in any threatening manner whatsoever, will receive a zero tolerance letter of concern.

All Zero intolerance incidents will be thoroughly discussed by the GP Partners and Practice Manager.

If violence or crime/deception are involved, the patient will be removed from our list without warning and given eight days to register with a new GP.

In extreme cases we may summon the police to remove offenders from the practice premises.

Ways of helping to prevent diabetes

Exercise, well balanced diet, keep weight within healthy limits

Triage: 1 appointment = 1 issue

This helps avoid other appointments running late. If you have more than one issue, please advise when contacting us.

Thank you

Piece by peace Stress Control

A free 6-week Stress Management Programme

Held in Carrickfergus Marina Conference centre

On Tuesday mornings 10am – 12noon
from 24th April – 29th May

Or Larne Leisure Centre

On Wednesday mornings 10am – 12 noon
from 25th April – 30th May

If you would like to register your interest email:

Stress.control@northerntrust.hscni.net

Hearing aid and issues clinic date

– Wed 9th May

Carrick Community Forum, 1st Floor 31 Lancasterian Street,
BT38 7AM

Phone 028 90 239619

Email: angela.stanbridge@hearingloss.org.uk

Practice Figures for April 2018 to date

- 1774 patients have been triaged
- 11351 prescriptions issued
- 2725 patients have been registered for online ordering.

68 appointment were booked last month but not attended - Please contact us if you are unable to attend

787 appointments were booked but not attended in 2017



Royal College of
General Practitioners



Does your GP provide an
outstanding level of care?



Does your local practice
receive the recognition
they deserve?



The Royal College of General Practitioners in Northern Ireland is currently seeking nominations for **GP of the Year 2018** or **Practice of the Year 2018**. These patient nominated awards recognise a local GP or local practice that have provided outstanding levels of care.

Closing date is 31 July 2018



Apply online or download
the application form from:
<https://bit.ly/NIAwards18>

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